

## Fall 1998 Results Summaries

William and Mary Rowing received national acclaim in October, when the United States Rowing Association named three members of the team Collegiate All-Americans, and when Tribe crews posted impressive results at major Fall regattas.

**Tara L. Eng '98** and **David V. Smith '00** received First Team Collegiate All-American honors, while **M. Elizabeth Holt '00** got Second Team. The USRA used academic, athletic, and other extra-curricular criteria to determine the awards.

Eng, from Arlington, Va., began her rowing career while a student at HB Woodlawn HS. She rowed for all four years at William and Mary, rowing her Senior year in the bow seat of the Women's First Varsity Eight, which finished the 1998 season ranked #8 in Division III, the highest-ranked club-status crew in the United States. Smith, from Alexandria, Va., took up rowing as a second-semester Freshman, and as a Sophomore rowed in the seven seat of the Men's First Varsity. From Winston-Salem, N.C., Holt coxes the men's team. She started coxing as a Freshman at William and Mary, and rose to become the coxswain of the Men's First Varsity as a Sophomore.

Despite the fact that William and Mary has famously resisted the recent American trend for grade inflation, William and Mary rowers are some of the best students on campus, with nearly one third of the team maintaining a GPA of 3.7 or higher. The team takes great pride in the all-around achievements of its students, and success in the classroom is being matched by success on the water.

Rowing is a club-status sport at William and Mary. Despite that fact, the team has in recent years become quite competitive against varsity-status programs. Starting with only a handful of rowers two years ago, the team has swelled to 120 members, split evenly between men and women. It has grown to become one of the largest collegiate rowing programs in the country. It competes within the Mid-Atlantic region, and has grown a national reputation as a rapidly developing program.

The Tribe has continued to show success so far in this Fall's exhibition season. On a beautiful sunny day in Philadelphia on October 24th, it took the Women's Varsity Heavyweight Eight to stir up a storm. At the Head of the Schuylkill Regatta, the world's largest single-day rowing regatta with well over one thousand different crews competing, the Tribe's top women's crew rowed to a first place finish.

The Varsity Women won the "Club Eight" category, the regatta's second-highest event. However, had they entered the "Championship Eight" event for the regatta's fastest crews, their time would still have placed them second overall to the University of Michigan, which placed fifth at last year's Division One National Championship. Crews from other Division One programs such as Georgetown, Penn, and Syracuse, not to mention regional powers such as Temple, Drexel, Villanova, Delaware, and George Mason, all posted slower times than the Green and Gold. This result marks an astounding achievement by the Tribe's young program.

One week later, at the Head of the Occoquan, the Mid-Atlantic Region's premier end-of-Fall regatta, the same crew was narrowly beaten into second by a crew of US National Team rowers. However, the Women's Varsity Lightweight Eight, third in Philadelphia, took gold in its event on the Occoquan in Fairfax.

The men have also seen their share of national team opponents up close over the last two weeks, including the US Heavyweight and Lightweight Eights which took Gold and Silver, respectively, at the World Championships this Summer. Tribe crews survived the encounters: the Men's Varsity Heavyweight Eight, nineteenth in Philadelphia, placed a strong fourth in Fairfax, while the Men's Varsity Lightweight Eight, fifteenth on the Schuylkill, garnered second on the Occoquan.

Other top finishes included the Women's Second Varsity Heavyweight Eight, second on the Occoquan, and the Women's Freshman Four, third on the Schuylkill.

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**October 10th:** On Saturday of Fall Break, those who felt like it traveled to Philadelphia to race in the Navy

Day Regatta (commemorating the anniversary of the founding of the United States Navy) against some high-level competition. There was a large turn-out from three Div I programs (Navy, Penn, and Rutgers), plus top Dad Vail level programs from the Philadelphia area (Temple, Drexel, St. Joe's, LaSalle, and Delaware), us, and a few entries from random places in the fours events. We used the trip as a chance to gain some experience and exposure prior to the big races later in the Fall when we will bring our full squad. The biggest finish of the day came in the Women's College 4+, an event most people stacked. William and Mary finished a close third to Rutgers and Penn. Results in other events were also good, with Tribe crews finishing at or near the top of the non-Div I entries. We entered nine crews: Men's College 4+ (11th), Women's College 4+ (3rd - highest non-Div I entry), Men's JV 8+ (7th - highest non-Div I entry), Women's JV 8+ (6th and 7th), Men's Club (non-collegiate) 8+ (6th), Men's Dad Vail 8+ (2nd), Women's Dad Vail 8+ (2nd), and Women's College Heavy 8+ (7th).

**October 24th:** The Women's Varsity Heavyweight Eight (Anne Carpenter, Chris Howard, Jennie Ott, Katie Roche, Tycie Young, Susie Littlejohn, Sarah Spink, Joann Atallah, and Rika Drea) made its mark with a commanding win in the Club Eight category at the Head of the Schuylkill. Had the crew entered the Championship Eight event, its time would have placed it second overall. Div I crews from Georgetown, Syracuse and Penn, not to mention Temple, Villanova, Drexel, Delaware, and Mason, all fell by the wayside. The second-fastest club-status crew of the day was our own 2VH, which placed eleventh. Six other Tribe crews performed creditably, with the Women's Novice Four and Varsity Lightweight Eight each coming home in third place.

**October 31st:** Another year, another HOTO. The traditional big end-of-Fall regatta for the Mid-Atlantic region once again marked the end of the Fall racing for the Tribe, and the first intercollegiate competition for the novices. There was a sense of finality to this year's HOTO, however: after several years of growth, William and Mary Rowing entered the maximum number of crews allowed to any one team (fifteen entries). When the team grows again next year, it will have to either find other ways to enter everyone or else not bring the top crews any more. Timing was as haphazard as usual at this event, plus the novices had more of the usual equipment fights. However, the atmosphere was laid back and it remained a useful trip. The Women's Varsity Lightweight Eight (Cristy Brownlee, Stephanie Simon, Jen Hajinlian, Julie Peterson, Lucy Hansen, Margot Gilliam, Lisa Coughlin, Jess Smith, Jen Wray) won its event, the first outright Tribe win at HOTO in several years. The Women's Varsity Heavyweight Eight posted the fastest collegiate time, on route to a second place finish in the Champ 8+ event. Other top finishes included the Women's 2V Heavy 8+ (second in the Club 8+ event), the Men's Varsity Lightweight 8+ (second in the Light 8+), the Men's Varsity Heavyweight 8+ (fourth in the Champ 8+), and the Women's First Frosh 8+ (fifth in the Novice 8+).

**November 14th:** The First Annual Oarsman Challenge 5k roadrace (actually a little over 5k) was a great success, raising much-needed change for the team. Peter Maybarduk won the race in a time of 19:59, edging out Junior Allen Dvarskas, the fastest rower, who won his age group in 20:01. Freshman Anand Dash won the 19-and-under category in 20:02, and Gus Kangas won the Men's 26+ category in 23:14. For the women, Freshman cox Meghan Kelly came in at 22:02. Junior cox Rika Drea, fresh from the hospital where she had stitches on her head from an intramural indoor soccer match, ran "slowly" to keep her head from exploding, and still managed to win the women's 20-25-year-old category in 23:37. Sandy Conte won the women's 26+ category in 26:32.

**November 15th:** The Annual Rowing Club Banquet required an even bigger room this year. Many thanks to Carla DiSalvo for organizing the event. Charles, Rob, and Pete (via e-mail read by Charles) reviewed the happenings of the 1998 season, discussed the rewards of coaching at William and Mary, and sent the team forward into 1999. Danielle Abate and Tara Eng jointly won the 1998 Codger Award (we're still looking for a better name for the award) *in absentia* (that is, both recipients and the trophy were all absent - Tara and Danielle unable to attend from Washington and New York, respectively, and the trophy still in New Jersey with Kyle, whose med school schedule has not given him any free time when the post office is open). The current squads generously bestowed gifts on the coaches (thanks!), including fishing net and knife for Charles (in reference to an incident with his launch last weekend) as well as a watch. Heather received a watch (to replace one damaged when she got thrown in), sandals (to replace a pair lost in the mud when she got thrown in - spot the theme), and a W&M Rowing t-shirt so she can stop wearing her NC State kit. Tina got a megaphone (so she can stop borrowing Scott's) and flowers. Scott got, among other things, a signed Head of the Schuylkill t-shirt to commemorate his inaugural season. Very elaborate and thoughtful gifts this year, and much appreciated.

**November 21st:** Conditions for the men's annual row to Jamestown did not cooperate this year, with a strong westerly wind on the course producing waves and slow times. As a result, the crews only made it as far as the near side of the Island and back. The crews ended up reasonably matched, with only seventeen seconds separating the eights. One crew volunteered themselves to be in the four this year, and after some early promise on the sheltered bit of College Creek ran into trouble on the windswept James. The crew in the Zander stormed out to an big advantage on the early pieces, but then squandered their entire lead by giving away a couple of minutes on the final piece to finish last of the eights. The crew in the Leavitt emerged with the fastest overall time, only seventeen seconds faster than the Zander. However, the crew in the Carhart rowed almost the entire day with only seven rowers, one rower breaking a seat on the first piece and the replacement seat not arriving in the back-up launch until the final piece. Finally able to row all eight, the Carhart cruised on the last piece, tying the Zander in overall time and the Leavitt in spirit, and was thus crowned the champion for 1998. In the crew were (bow to stern): Ian Spain, Brian Peterson, Matt Lehman, Junior Sterling, Travis Nels, Brent Robinson, Adam Ayers, Allen Dvarskas, and Valerie Jones (cox on way out)/Allison Fraser (cox on way back).

*Flat Hat*, 30. October 1998

**WRECKING CREW:**

**CLUB CREWS COMPETE WITH ELITE VARSITY TEAMS FROM AROUND THE COUNTRY**

by P.W. Forchielli

Through adversity and triumph, the rowing club has battled successfully to stay afloat. The team, now composed of 120 rowers, is emerging as a local powerhouse and gaining a foothold on the national rowing scene.

This represents a complete turnaround from the team of just two years ago, which boasted only a handful of returning rowers. All indications point to a spectacular future for the team, a future that will put it on par with supported college teams. The feat was once unimaginable because the W&M crews receive no College funding.

In the words of senior captain Sarah Spink, "This is just the start of everything."

In 1996, the club was headed towards extinction. The large monetary requirements and demanding regimen associated with the sport had limited the men's team to only one returning rower and narrowed the women's squad to only a handful of athletes.

Since then, the team has worked diligently to recruit members. The push for membership has yielded two effective and improving teams. This is even more impressive when one considers that participating in crew at W&M is the first rowing experience many club members have seen.

As an unfunded sport, the rowing club has more to worry about than just its upcoming opponents. Unfortunately, money is often pushed to the forefront of the club's agenda. Boats can cost upwards of \$17,000, and travel expenses tack even more on to the squad's bill. Meeting these expenses forces the athletes to expend more of their resources.

"Each person is required to come up with \$200 in dues," club president Josh Ehrenfeld said. "On top of that, we have to do fund-raisers like the Oarsman Challenge 5K."

Despite these difficulties, the teams are thriving. The women's Varsity Eight crew recently won the Club Eight event at the "Head of the Schuylkill" race in Philadelphia, posting the second fastest time on the river that day behind the University of Michigan.

Although the W&M team chose to compete in a lower division than the elite teams, its performance in Philadelphia surpassed that of most of the crews competing at the championship level. The competition included many of the country's best teams, almost all of which are funded by their respective institutions.

"It was awesome," Spink, a member of the women's V8, said. "I was also in the Varsity Eight last year. We did well, but we didn't win. The victory was just a release."

The men's team is a step behind the women's, but is gaining quickly. The novice crew, composed of first-year rowers, has beaten James Madison the last two years, conquering the Dukes by a comparatively large 20 seconds in its last race. [*Web page editor's note: Last time we checked, James Madison did not have a team. From the description, we can only surmise that the author is referring to regional power George Mason.*] Most significantly, the team's membership has increased dramatically.

Perhaps the most intriguing side of the team lies in its competitive nature. Each member of the team is willing to give every piece of him or herself just for the chance to compete. Even though early morning practices are hard to endure and dues are painful to pay, the experience that one gains from rowing to the point of exhaustion for one's teammates is without compare.

"It's just the most intense sport," Ehrenfeld said. Sometimes you want to give in, but you know there's seven other rowers counting on you. There's just nothing else like it."

This intensity has forged strong bonds between teammates. Teamwork is everything in rowing.

"You don't get anywhere unless you're in tune with the others in your crew," Spink said. "I'm personally motivated by the people I row with."

With its shaky past behind it and its ranks constantly growing, the rowing club seems bound for greater glory. Today's victories and competitions will only fuel the next generation of Tribe rowers. The future may bring a W&M team that will rival any of those in Division I. This truly is the "start of everything."

## **1999 Season in Review**

The 1999 campaign proved to be the Tribe's most successful ever for both men and women, producing some very exciting racing. A large and dedicated squad made for more intense training, and with so few students graduating, William and Mary Rowing remains on the way up.

Although the team had steadily grown over the previous two years to get to the point it had been before this season, one of the keys to this year's success was the first complete full-time coaching staff in the program's history. The success of the program in previous years had attracted coaches to relocate to Williamsburg this year, and once here they were able to make their mark. As a result, each of the four squads had its own full-time coach this year, compared to previous years when full-time coaches had to cover more than one squad or squads needed to be looked after by part-timers. This year, Head Coach Charles Ehrlich was able to concentrate on bringing the varsity men up to speed, while Scott Belford took the varsity women to the next level. Heather Kester and Tina Paniel came in to respectively coach the men's and women's novice squads.

Several years of hard work on the women's side paid off this year, with the women's program becoming one of the most feared in the country at the Dad Vail (Div III) level. The men, long a step behind the women, took a big jump this year to be one of the most competitive programs in the Mid-Atlantic and on the verge of matching the women in accomplishments next year. Both the men and the women finished the year ranked in the top ten at Dad Vails: the men finished tenth and the women finished sixth.

The Tribe set several program milestones at the Mid-Atlantic Championships this year: the program entered more crews than ever before (ten), had more crews than ever before reach the finals (eight), had more crews than ever win medals (four: men's varsity and second varsity, women's varsity and first novice), won its first ever Gold medal in an eight (the men's second varsity), and had its first ever medals in the men's and women's varsity event (men took Silver, women took Bronze).

### **Women**

Once again this year, the women's varsity crew was the program's flagship. The crew included five members of last year's varsity, and confidently improved on last spring's results. Early-season results demonstrated the crew's potential, as the myriad of opponents - including many tough crews from around the region - was unable to remain any closer than two lengths back at the season's first three races (versus Virginia Tech and ODU, at the Bucknell Invitational, and at Occoquan Sprints). The crew even won its heat at Occoquan Sprints by open water while rating only 23.5 strokes per minute.

At the George Washington Invitational mid-season, the Tribe came up against the strongest field the program has seen there in recent years. Only the constraints of a four-lane racecourse kept it from the grand final, but the crew proved it could be competitive with Eastern Sprints-level programs. After stumbling on the Schuylkill at Temple's Murphy Cup Regatta, the varsity stepped back up against Delaware, on its way towards a Bronze at Mid-Atlantics and a berth in the finals at Vails. The crew concluded its season with the Tribe's first-ever appearance at the Intercollegiate Rowing Association Regatta, where it placed ninth.

The second varsity also raced well this season, despite encountering more than its share of first varsity crews. One of the drawbacks to having a deep program at this level is that not everyone else has second varsity crews, and not everyone feels the need to enter their first varsity crew in the first varsity event. The 2V took on whatever came at it, however. Season highlights included a win at the Occoquan Sprints and an exciting heat which earned it a berth in the Division II/III first varsity final at Mid-Atlantics.

A successful novice program can help ensure the future of a successful varsity program. The first novice women kept an undefeated season alive until the George Washington Invitational. They ended up with a Silver at Mid-Atlantics and a Bronze at Vails (the only crew to beat them at Mid-Atlantics, Delaware, finished immediately behind them at Vails).

Only three women graduate off the women's varsity squad: two-time captain **Sarah Spink** and **Jennie Ott** from the seven and five seats of the varsity boat, and **Julie Peterson** off the third varsity. These losses will be counter-balanced by yet another strong rising sophomore class, plus two students who will return from spending their junior years abroad.

In the Summer of 1999, sophomore **Susie Littlejohn** (six-seat of the varsity) has received an invitation to the United States National Team Development Camp at Vesper Boat Club in Philadelphia, where Belford was also named as an assistant coach. Junior **Katie Roche** (four-seat in the varsity) and sophomore **Erika Wahle** (five-seat in the second varsity) will also spend the summer training at the U.S. sculling development camp at the Occoquan Boat Club in Fairfax.

### ***Men***

Coming off two strong years of freshmen, the varsity men looked to be contenders this spring. Non-rowing injuries hit the squad hard over the winter, however, leaving only two eights of healthy varsity rowers (briefly depleted further by a wave of strange illnesses during the early season when the crews could hardly practice as a result). Perhaps the harshest injury of all removed **Josh Ehrenfeld**, a senior and the team's outgoing president, from the line-up of the first eight mid-Spring. Despite injuries, illnesses, and the College Creek's now infamous mud, the men's varsity squad took great leaps every week during the season, earning respect from competitors across the region.

In the end, the varsity boat's line-up started off young and inexperienced. Experience came by fire. **Nathan Stump**, in the two-seat, was the only member of the 1998 varsity to earn a seat in this year's top crew. Four members of the varsity crew had raced in the first frosh in 1998, including the cox and the initial seven-man. The stroke's only previous experience racing in that seat had come in a single fall head race.

One of the season's highlights was a trip to Charlottesville. This year marked the first-ever dual race with UVA, whose varsity was ranked #22 of all crews in the country at the time. If the Cavaliers expected a cake-walk over the down-state upstarts, they found themselves instead with a race as the Tribe charged to within 2/3 length in the final sprint. Comparing results against UVA gives a good assessment of how far the Green and Gold have come in recent years: in 1996, there was no men's varsity crew at W&M; in 1997, the Tribe V4+ lost to the Cavalier third varsity by 11 seconds; in 1998, W&M lost to UVA in the V race by 31 seconds; in 1999, we had a race. During this period, UVA has also been getting progressively stronger. The UVA race served as inspiration for the remainder of the season. After a poor row at GW (the race in which Ehrenfeld's ankle and back injuries flared up), the varsity regrouped, devastating Delaware in eights and fours in Wilmington, and then nearly upsetting George Mason at the Mid-Atlantics, settling for a Silver Medal.

The highlight for the second varsity crew was clearly its Gold Medal at the Mid-Atlantic Championships. It also showed enormous poise in its sixth-place finish at GW and its win over Delaware's V in a headwind. Losses to graduation consist only of Stump from the varsity crew and the injured Ehrenfeld. Junior **Scott Reeves** (varsity four-man) will return to the University of Exeter for his final year. On top of a strong and youthful 2V and the hope that several of the rowers who required surgery over the Winter will be able to return next season, this year's novices also bring a lot of size to the men's program. Three crews of freshmen raced this Spring. Though technically rough, they proved exceptionally large and strong, and the potential is there for powerful additions to the varsity roster in the 2000 season.

### ***Collegiate All-Americans***

For the second year in a row, William & Mary Rowing has had three athletes named to the USRA's Collegiate All-America honor roll. Of the thirty honorees, three came from William and Mary: **Margot Gilliam '00, Jennie Ott '99, and Alexander Schefer '01** were all selected for the Second Team. That brings our total to six Collegiate All-Americans in two years. The awards were based on accomplishment in rowing, academics, and other extra-curricular activities. We congratulate Margot, Jennie, and Alex.

## **1999 Men's Results**

### **Varsity Eight**

at ODU w/ Va Tech	1st
Bow to stern: Ayers, Stump, Durham, Reeves, Ehrenfeld, Schefer, Hale, Burgoyne, Fitzpatrick	
at Bucknell Invitational	4th
Bow to stern: Ayers, Stump, Durham, Reeves, Ehrenfeld, Schefer, Hale, Burgoyne, Fitzpatrick	
at Occoquan Sprints	3rd
Bow to stern: Ayers, Stump, Durham, Reeves, Ehrenfeld, Schefer, Hale, Burgoyne, Fitzpatrick	
at Virginia	LOSS
Bow to stern: Ayers, Stump, Durham, Reeves, Ehrenfeld, Schefer, Hale, Burgoyne, Fitzpatrick	
at George Washington Invitational	9th
Bow to stern: Ayers, Stump, Durham, Reeves, Ehrenfeld, Schefer, Hale, Burgoyne, Fitzpatrick	
at Delaware	WIN
Bow to stern: Ayers, Stump, Durham, Reeves, Hale, Schefer, Dvarskas, Burgoyne, Fitzpatrick	
at Mid-Atlantic Championships	2nd
Bow to stern: Ayers, Stump, Durham, Reeves, Hale, Schefer, Dvarskas, Burgoyne, Fitzpatrick	
at Dad Vail National Championships	10th
Bow to stern: Ayers, Stump, Durham, Reeves, Hale, Schefer, Dvarskas, Burgoyne, Fitzpatrick	

### **Second Varsity Eight**

vs Va Tech (varsity lights), NCSU (1V event)	1st
at Bucknell Invitational (VL/2VH event)	5th (fastest Dad Vail 2VH entry)
at Occoquan Sprints	2nd
at Virginia	LOSS
at George Washington Invitational	6th
at Delaware (first varsity)	WIN
at Mid-Atlantic Championships	1st
at Dad Vail National Championships	9th

### **First Freshman Eight**

vs Va Tech, NC State	1st
at Bucknell Invitational	2nd
at Occoquan Sprints	breakage
at Virginia	LOSS
at George Washington Invitational	9th
at Delaware	LOSS
at Mid-Atlantic Championships	5th
at Dad Vail National Championships	heats

### **Second Freshman Eight**

vs Va Tech, NC State (ltwt event)	3rd
at Occoquan Sprints	3rd
at Virginia	LOSS
at George Washington Invitational (ltwt event)	3rd
at Delaware (in four)	WIN
at Mid-Atlantic Championships (in fours)	5th in 1FH4+, 6th in VL4+
at Dad Vail National Championships (in fours)	heats

### **Third Freshman Four**

vs. NC State	rowed over
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at Virginia

LOSS

## **1999 Women's Results**

### **Varsity Eight**

at ODU w/ Va Tech	1st
Gilliam, Begell, Carpenter, Roche, Ott, Littlejohn, Spink, Atallah, Drea	
at Bucknell Invitational	1st
Gilliam, Begell, Carpenter, Roche, Ott, Littlejohn, Spink, Atallah, Drea	
at Occoquan Sprints	1st
Gilliam, Begell, Carpenter, Roche, Ott, Littlejohn, Spink, Atallah, Drea	
at George Washington Invitational	7th (fastest Dad Vail entrant)
Gilliam, Begell, Carpenter, Roche, Ott, Littlejohn, Spink, Atallah, Drea	
at Murphy Cup	3rd
Gilliam, Begell, Carpenter, Roche, Ott, Littlejohn, Spink, Atallah, Drea	
at Delaware	WIN
Gilliam, Hansen, Wahle, Roche, Ott, Littlejohn, Spink, Atallah, Drea	
at Mid-Atlantic Championships	3rd
Gilliam, Begell, Carpenter, Roche, Ott, Littlejohn, Spink, Atallah, Drea	
at Dad Vail National Championships	6th
Gilliam, Begell, Carpenter, Roche, Ott, Littlejohn, Spink, Atallah, Drea	
at Intercollegiate Rowing Association Regatta	9th
Gilliam, Begell, Carpenter, Roche, Ott, Littlejohn, Spink, Atallah, Drea	

### **Second Varsity Eight**

vs NCSU (1st varsity)	WIN
at Bucknell Invitational (lightweight event)	4th
at Occoquan Sprints	1st
at George Washington Invitational	9th (fastest Dad Vail entrant)
at Murphy Cup	3rd (fastest 2V entrant)
at Delaware	WIN
at Mid-Atlantics (non-Div I Varsity event)	6th
at Dad Vail National Championship	8th

### **Varsity Lightweight Four**

at Occoquan Sprints	4th
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### **First Novice Eight**

at Old Dominion, w/ Va Tech	1st
at Bucknell Invitational	1st
at Occoquan Sprints	1st
at George Washington Invitational	5th (fastest Dad Vail entrant)
at Murphy Cup	3rd
at Delaware	LOSS
at Mid-Atlantic Championships	2nd
at Dad Vail National Championships	3rd

**Second Novice Eight**

vs NC State (1st Novice)  
at Occoquan Sprints  
at George Washington Invitational  
at Murphy Cup (1st Novice event)  
at Delaware (lightweights)  
at Mid-Atlantic Championships (in fours)  
at Dad Vail National Championships (in fours)

WIN  
2nd  
heats      5th (fastest Dad Vail entrant)  
                 LOSS  
9th in NH4+, 11th in VH4+  
heats

**20 March 1999**

**William and Mary, Virginia Tech, North Carolina State at Old Dominion University**

1935 meters, Lafayette River, Norfolk VA

conditions: 50s, partly cloudy, 10 mph cross-head wind, generally calm, stakeboat starts

## **ROWING: CREW DOMINATES IN SEASON OPENER**

While many students and William and Mary sought warmer climes over Spring Break, the members of the Rowing Club braved unseasonably cold temperatures, blizzards, and an outbreak of the flu in Williamsburg to prepare for the racing season. The training produced resounding successes at the season opener in Norfolk on Saturday against Virginia Tech, North Carolina State, and host Old Dominion, where the Tribe won all but one of the events entered.

The women's varsity heavyweight eight returns five members of the crew which finished the 1998 season ranked #8 in Division III, the highest-ranked unfunded crew. It entered the 1999 campaign looking to improve on last year's successes. On Saturday, it rowed to an easy victory, completing the course in 6:26, 36 seconds ahead of Virginia Tech and 37 seconds ahead of ODU.

"I was pleased with the results this weekend," commented Scott Belford, the first-year women's varsity coach making his collegiate coaching debut. "We have a very young and inexperienced crew, so it was nice to get a win under our belts." The crew contains only two Seniors, Jennie Ott and Captain Sarah Spink.

The first varsity's performance was smallest margin of victory for a Tribe women's crew on the day. The second varsity eight defeated NC State's first varsity by 50 seconds, the first novice eight defeated Tech by 44 seconds and ODU by 51, and the second novice eight beat NC State's first novices by 1:24. This was also the collegiate coaching debut of Tina Paniel, at the helm of the novice women.

Tribe men's crews faced tougher competition from Virginia Tech. Last year, the Hokie men's varsity finished ranked #10 in Division III, and only one member of that crew graduated. The Green and Gold therefore expected a hard race. Indeed, Tech took an early lead off the start, but the Tribe neutralized this soon afterwards, before moving out steadily to win by two and a half lengths over Tech by the finish, in a quick time of 5:37 to Tech's 5:45. ODU trailed in third, a fair distance behind.

Further encouragement came from the fact that the men's varsity squad had performed this well under adverse circumstances. A flu bug had hit the men's varsity squad over Spring Break, and as a result the crew had not practiced in the week prior to the race.

"I felt that under the circumstances we rowed to the best of our ability," said Senior Nathan Stump. "It wasn't the prettiest racing of the year, but it was a good note to start the season off." Like the women, the men's first boat contains only two Seniors, Stump and Josh Ehrenfeld. Stump is the only person from last year's first eight to earn a spot on this year's top crew.

The second varsity men battled down the course with Tech's highly-regarded Varsity Lightweight Eight, the margin changing hands several times before the Green and Gold snuck across the line half a length ahead of the Hokies. NC State's first varsity heavies came across the line several lengths astern. Like their teammates on the first varsity, the second varsity had also suffered from the flu and had never practiced together as a crew before the weekend.

The men's freshman heavyweight eight wasted no time in establishing its dominance over NC State and Virginia Tech, rowing to a comfortable 18-second victory over the Wolfpack and 42-second margin over the Hokies. The win was all the more memorable because the Tribe's new freshman men's coach, Heather Kester, graduated from NC State in 1997 and coached the freshman men there last year.

The only blemish on the Tribe's performance on Saturday was the Men's freshman lightweight event, where the Green and Gold were hampered by equipment breakage in the middle of their race and limped in third behind NC State and Virginia Tech.

**1999 First Varsity line-ups (bow to stern):** (\* - denotes returning member of 1998 First Varsity, # - denotes returning from 1998 Second Varsity)

Men's V: Adam Ayers (Jr., captain) #, Nate Stump (Sr.) \*, Robert Durham (So.), Scott Reeves (Jr.), Josh Ehrenfeld (Sr.) #, Alex Schefer (So.), Brock Hale (So.), Tony Burgoyne (Jr.) #, Kate Fitzpatrick (Jr.). Coach: Charles Ehrlich (third year).

Women's V: Margot Gilliam (Jr.), Sasha Begell (So.), Anne Carpenter (Jr.) \*, Katie Roche (Jr.) \*, Jennie Ott (Sr.) #, Susie Littlejohn (So.), Sarah Spink (Sr., captain) \*, Joann Atallah (Jr.) \*, Rika Drea (Jr.) \*. Coach: Scott Belford (first year).

**1999 Second Varsity line-ups (bow to stern):** (\* - denotes returning member of 1998 First Varsity, # - denotes returning from 1998 Second Varsity)

Men's 2V: Phil DiBella (So.), Adrian Duehl (So.), Matt Lehman (So.), Ted Lee (Jr.) #, Adam Horsley (So.), Bill Ashton (So.) #, Junior Sterling (So.), Brian Tighe (Jr.) \*, Betsy Holt (Jr.) \*. Coach: Charles Ehrlich (third year).

Women's 2V: Marissa Guarinello (Fr.), Jen Hajinlian (Jr.) #, Katie Andersen (Jr.) #, Kim Swartz (So.), Erika Wahle (So.), Chris Howard (Jr.) #, Lisa Coughlin (So.), Lucy Hansen (So.), Jen Wray (So.). Coach: Scott Belford (first year).

Men's V 8+:

<b>W&amp;M</b>	<b>5:37</b>
VT	5:45
ODU	6:03

Men's 2V 8+:

<b>W&amp;M (2VH)</b>	<b>5:47</b>
VT (VL)	5:49
NCSU (1VH)	6:12

Men's 2V 4+:

ODU	6:28
NCSU	6:32

Men's 1FH 8+:

<b>W&amp;M</b>	<b>6:03</b>
NCSU	6:21
VT	6:45

Men's FL 8+:

NCSU	6:15
VT	6:26
<b>W&amp;M</b>	<b>7:01 (equipment breakage at the 1000 - was already in 3rd, but not as big a margin)</b>

Men's 2FH 4+:

<b>W&amp;M</b>	<b>7:20</b>
NCSU	DNS

Women's V 8+:

<b>W&amp;M</b>	<b>6:26</b>
VT	7:02
ODU	7:03

Women's 2V 8+:

<b>W&amp;M (2V)</b>	<b>6:55</b>
NCSU (1V)	7:45

Women's 2V 4+:

ODU	8:15
NCSU - A	8:52
NCSU - B	9:18

Women's 1N 8+:

<b>W&amp;M</b>	<b>7:00</b>
VT	7:44
ODU	7:51

Women's 2N 8+:

<b>W&amp;M (2N)</b>	<b>7:10</b>
NCSU (1N)	8:34

Women's 2N 4+:

NCSU	7:37
VT	8:44

## **27 March 1999**

### **Bucknell Invitational Regatta at Bucknell University**

2000 meters, Susquehanna River, Shamokin Dam PA

conditions: \_very\_ fast stream, races were downstream off a floating start, water was flat, race distances were very variable depending on how far the crews had drifted by the time they were started. We brought only six crews.

## **28 March 1999**

### **Occoquan Sprints at George Mason University**

2000 meters, Occoquan Reservoir, Fairfax, VA

conditions: strong cross/head wind. Due to the wind, there was a rolling start for all novice races. Varsity races were supposed to be done on a floating start, but if they could not get alignment fast enough they switched to a rolling start for those races as well.

## **ROWING: WOMEN REMAIN UNDEFEATED**

William and Mary Rowing traveled halfway to Canada and back in a long weekend of racing last weekend against some very tough competition. The Women's First Varsity and First Novice Eights emerged with their undefeated seasons intact after large regattas hosted by Bucknell and George Mason Universities.

On Saturday, the women's varsity took on some of the finest Division III crews from northern Pennsylvania and New York State at the Bucknell Invitational. Their powerful rhythm gave them an early lead, which they built on with each stroke. Mercyhurst, a strong Division II program, came in over two lengths behind, a very large margin considering a very fast stream had produced quick conditions (our winning time was 5.03.5). Fordham, Bucknell, Lehigh, and Susquehanna trailed.

"The Bucknell Invitational was such a quick race that it could have been easy for us to miss something," Junior Rika Drea, the women's varsity coxswain, explained. "But from the initial jockeying for position at the start, all eight of us tuned right into each other and we rowed an aggressive and impressive race."

On the return trip from northern Pennsylvania, the crews stopped off to race at the Occoquan Sprints in Fairfax, where there were heats and finals. It won its heat easily, rowing at 23.5 strokes per minute (akin to jogging in a running race, since a normal racing stroke rate is in the mid 30s), before moving on to the finals. The results in the six-crew finals were a forgone conclusion, as host George Mason succumbed to the Tribe's onslaught, finishing second. The Green and Gold varsity improved its record to 16-0 on the season.

"Occoquan was so fun," commented Drea. "It's a nice feeling when you know you're rowing ten beats slower than the crews around you and are still able to beat them easily. I like being able to ask my crew how they are doing and have them look up and smile."

The second varsity women ran into trouble at Bucknell, where they raced in the first varsity lightweight event since no one else had brought a second boat. The fast stream produced an uneven start, leaving the Tribe behind before the race even began. The Green and Gold surged to finish fourth of seven crews. The crew made up for it on Sunday with a resounding win in Fairfax.

The first novice women kept their undefeated season alive with decisive wins on both days. The second novice women, who did not make the trip to Bucknell, finished second only to Delaware's first novice lightweights on Sunday.

On the men's side, the crews raced well on both days and showed marked improvement on the week before's racing even if the results did not produce wins. The men's varsity ran up against Dowling College (from Long Island) on Saturday, a crew with eight international scholarship rowers. The Tribe was undaunted however, and placed a competitive fourth of nine crews, falling only to Dowling, Fordham, and Mercyhurst, all varsity-status crews.

The crew had no trouble qualifying out of its heats in Fairfax on Sunday. In the finals, the inexperienced crew put together the first half of its race for the first time this year, leading for the first thousand meters

before letting George Mason and Duke slip by to finish third of eleven crews. The first varsity's season record now stands at 15-5. The men, less seasoned than the women, are using the regular season as a learning experience, and are marking improvements each week in preparation for the championships in May.

The second varsity men placed fifth at Bucknell and second at Mason, beating all other Division III second varsities they faced and losing only to first lightweight crews and one crew from a higher division (Div II Mercyhurst). The first novice men fell only to a mostly-experienced Bucknell freshman crew on Saturday, and then suffered equipment breakage in their heat on Sunday which forced them to withdraw from the second regatta. The second novice men, who did not travel to Bucknell, finished third in their event on Sunday.

Drea concluded: "I think the rowing started to come together for all crews and will make the season competitive and rewarding - not to mention enjoyable."

## 27 March racing:

### Men's V:

Heat 1:

Dowling	4:24.75
Lafayette	4:31.14
Bucknell	4:34.61
Pittsburgh	4:48.05
Susquehanna	6:17.58

Heat 2:

Fordham	5:36.20
Mercyhurst	5:40.04
<b>William &amp; Mary</b>	<b>5:49.90</b>
Lehigh	5:59.56

Final:

Dowling	4:51.56
Fordham	4:57.40
Mercyhurst	5:03.34
<b>William &amp; Mary</b>	<b>5:05.75</b>
Lafayette	5:10.16
Bucknell	5:14.95

### Men's 2VH/VL:

Pitt VL	5:19.80
Bucknell VL	5:22.26
Buffalo VL	5:24.66
Mercyhurst 2VH	5:26.33
<b>W&amp;M 2VH</b>	<b>5:31.15</b>
Lafayette 2VH	5:37.05
Lehigh 2VH	5:55.45

### Men's 1F:

Bucknell	5:42.37
<b>William &amp; Mary</b>	<b>5:58.07</b>
Fordham	6:03.77
Buffalo	6:07.51
Pitt	late

### Women's V:

<b>William &amp; Mary</b>	<b>5:03.50</b>
Mercyhurst	5:12.56
Fordham	5:13.93
Bucknell	5:19.72
Lehigh	5:37.63
Susquehanna	5:49.65

Women's VL/2VH:

Mercyhurst VL	4:27.60
Bucknell VL	4:31.35
Buffalo VL	4:35.38
<b>W&amp;M 2VH</b>	<b>4:41.13</b>
Pitt VL	4:43.72
Fordham VL	4:44.00
Lafayette VL	4:53.60

Women's N:

<b>William &amp; Mary</b>	<b>5:18.00</b>
Fordham	5:22.96
Bucknell	5:32.86
Buffalo	5:40.68
Susquehanna	5:45.93
Pittsburgh	5:50.58

**28 March racing:**

Men's V:

heat 1:		heat 2:	
Duke	6:29.0	Mason	6:13.0
Hopkins	6:36.9	<b>William &amp; Mary</b>	<b>6:23.3</b>
Va Tech	6:37.0	Va Tech ltwts	6:27.3
ODU	6:45.4	Delaware	6:29.1
Stockton	6:59.2	Mary Wash	6:32.8
		NC State	6:52.5

final:

Mason	6:32.0	Mary Wash	7:12.0
Duke	6:36.3	Delaware	7:16.6
<b>William &amp; Mary</b>	<b>6:39.2</b>	ODU	7:17.2
Hopkins	6:42.8	Stockton	7:30.1
Va Tech	6:49.8	NC State	7:37.7
Va Tech ltwts	6:54.1		

Men's 2V:

Va Tech ltwts	6:54.0
<b>William &amp; Mary</b>	<b>6:56.4</b>
Mason	7:00.9

Men's 1F:

heat 1:		heat 2:	
Duke	7:20.0	Mason	6:52.0
NC State	7:37.9	Delaware	7:00.3
Mary Washington	7:48.9	NC State ltwts	7:15.9
Va Tech	7:51.8	Loyola	7:41.9
UMBC	8:40.7	<b>William &amp; Mary</b>	<b>breakage</b>

final: no petit

Duke	7:03.0
Mason	7:08.9
Delaware	7:14.9
NC State ltwts	7:19.5
NC State	7:22.7
Mary Wash	7:40.6

Men's 2F:

Mason	6:48.0
Duke	6:50.6
<b>William &amp; Mary</b>	<b>6:58.6</b>
Va Tech	7:09.1

Women's V:

heat 1:		heat 2:	
Mason	7:21.0	<b>William &amp; Mary</b>	<b>7:19.0</b>
Washington Coll	7:26.7	Hopkins	7:24.3
Stockton	7:39.4	Delaware	7:29.5
Loyola	7:49.5	Wash Coll 2V	7:40.5
Va Tech	8:23.1	Mary Wash	7:52.2
final:		petit:	
<b>William &amp; Mary</b>	<b>6:44.0</b>	Loyola	8:06.0
Mason	6:53.6	Wash Coll 2V	8:27.2
Washington Coll	7:00.3	Va Tech	8:32.8
Stockton	7:15.7	Mary Wash	8:43.2
Hopkins	7:15.8		
Delaware	7:17.2		

Women's 2V:

<b>William &amp; Mary</b>	<b>NTT</b>
Washington Coll	+04.5 secs
Loyola	+45.3 secs

Women's 1N:

heat 1:		heat 2:	
<b>William &amp; Mary</b>	<b>8:19.0</b>	Delaware	7:27.0
Va Tech	8:37.3	Mary Washington	7:46.6
Hopkins	8:56.4	St Mary's	8:23.5
Mason	8:59.4	Loyola	8:25.4
ODU	9:24.5	Penn State	8:51.9
NC State	9:33.6	UMBC	9:14.7
F&M	9:41.3		
final:		no petit	
<b>William &amp; Mary</b>	<b>8:08.0</b>		
Delaware	8:21.3		
Mary Wash	8:28.9		
Hopkins	8:46.8		
Va Tech	8:47.0		
St Mary's	9:29.1		

Women's 2N:

Delaware ltwts	NTT
<b>William &amp; Mary</b>	<b>+17.0 secs</b>
Mason	+1:01.5
Mary Washington	+1:59.4

There were lots of fours events. We ended up entering one:

Women's V 4+s (2nd flight):

Penn State 2V-B	9:04.0
UMBC V	9:06.0
NC State 2V-B	9:27.8
<b>W&amp;M 3V</b>	<b>9:30.0</b>
Loyola 3V	9:55.6

**3 April 1999**

**William & Mary at University of Virginia**

2000 meters, Rivanna Reservoir, Charlottesville VA.  
conditions: 70s, sunny, humid. Floating start. Men only.

**ROWING: MEN CHALLENGE UVA**

Tribe Men's Rowing traveled to Charlottesville on Saturday to challenge the University of Virginia. UVA's first varsity men's eight is currently ranked #22 in the US for crews of all divisions. Although the Cavaliers swept the day's races, gritty performances by the Tribe hardly went unnoticed. UVA's rowing tradition vastly outdates W&M's, and the fact that the Green and Gold could offer a credible challenge this year speaks to the Tribe's arrival as a serious program.

In the Varsity race, the Tribe went up against a bigger, stronger, and higher-rating Cavalier crew which had recently returned from running with the country's elite collegiate crews in San Diego, a national ranking in its pocket. William and Mary attacked on the start, and held ground in the opening strokes, ceding only a seat or two off the start. Both crews found their race pace - Virginia at 36 strokes per minute and William and Mary at 34 - and the two crews traded pushes, with UVA gradually extending its lead. UVA broke free around the 1200 meter mark of the 2000 meter course. William and Mary started its sprint early - with around 650 meters remaining - to try to come back on terms, and pulled back to within two-thirds of a length with 350 meters to go. By that point, however, the Green and Gold could not sustain the charge, and fell back to an open-water defeat.

Despite the loss, the race proved very encouraging for a young Tribe crew. Injury losses had mounted over the Winter, and had left the Tribe with no clear candidates for the all-important stroke and seven seats. Junior Tony Burgoyne (stroke) and Sophomore Brock Hale (seven) have filled the roles admirably and have been learning their jobs in the heat of battle. Prior to this race, the Tribe had had trouble striding into its rhythm and had never managed a closing sprint even in practice. Both of these critical elements developed on Saturday.

"We're a young crew and we're improving every week," explained Burgoyne. "We rowed a good race against UVA, and we are looking forward to what happens in the future."

The Second Varsity also showed improvement in its race this week. Coming off the start, it held onto a slight lead over UVA for most of the first 500 meters. Striking 35.5 strokes per minute, the Green and Gold kept the pace lively against a Cavalier crew which outweighed it by nearly forty pounds a man. The larger Cavs used that advantage to wear the Tribe down in the middle of the course. Although W&M's bow still overlapped UVA's stern with 500 to go, the Cavs had more reserves and pulled out their clear-water margin over the final quarter of the race.

In the three Freshman races, UVA fended off early challenges from Tribe crews to carry the day's racing.

The women had the weekend off. Next week, both men's and women's squads travel to Washington, DC, to compete at the George Washington Invitational, the official regatta of the National Cherry Blossom Festival, which will include several nationally-ranked crews.

V:

UVA 5:56.0  
**W&M 6:05.5**

2V:

UVA 5:55.8  
**W&M 6:07.1**

1F:

UVA 6:11.4  
**W&M 6:47.4**

2F:  
UVA 6:21.1  
**W&M 6:54.3**

3F4+:  
UVA 7:14.2  
**W&M 7:36.5**

**10 April 1999**

**George Washington Invitational at George Washington University**

four-lane racecourse, 2000 meters, Potomac River, Washington DC

conditions: turned into a hot and sunny day. Stakeboat starts. Tidal. Winds never heavy, but inconsistent gusts.

**ROWING: VALIENT TRIBE FACES DIV I FIELD AT GW CREW CLASSIC**

Each year, the George Washington University Invitational Crew Classic gives William & Mary a chance to measure its progress in American collegiate rowing. As the Tribe's level of competition has gone up, so has the standard of this regatta. This year proved no exception. On the women's side, powerhouse UVA, currently ranked #2 in the country, led a contingent of Eastern Sprints-level programs, while the men's opponents included no fewer than five nationally-ranked crews.

Besides their opposition, William and Mary crews have had to contend with other issues this Spring, including a river that has decided to turn itself into a mud-flat every other week and a series of strange illnesses (last week's special was pneumonia). Tribe crews not only rowed well under these circumstances, but they also rowed well by any measure.

Leading the way for the Green and Gold was its marquee crew, the women's varsity eight. The crew drew the short straw and got the toughest heat with Navy (#23) and Georgetown (#27), and finished third ahead of a highly-regarded St. Joseph's crew. However, the Tribe posted the fourth fastest time of the morning, faster than the winning time in another heat - won by host George Washington (#22) - and which would have placed second only to UVA (#2) in the other heat. Given the constraints of a four-lane racecourse, however, the results from the heats put the Tribe in the petit final. There, the Green and Gold battled Columbia and New Hampshire down the course, trading leads the whole way before eventually finishing seventh, only a second and a half out of fifth and two seconds ahead of its nearest Dad Vail rival, Temple.

This was the toughest field the women have ever faced, and they proved they could compete against crews from the fastest league in the country. Among Dad Vail-level competition, the Tribe remains undefeated. Temple, which finished immediately behind the Green and Gold at GW, is a perennial contender at Vails and has shown early-season speed this year. Other Dad Vails programs such as St. Joseph's (sixteen seconds behind the Tribe in the heats), George Mason, and LaSalle failed to even qualify for the afternoon's racing. Tennessee, a beneficiary of enormous Title IX largesse, was also well off the pace. William and Mary was the only completely unfunded program at the regatta.

"We now know for certain that we have some speed," commented Scott Belford, the varsity women's coach. "The important thing is that this weekend's racing allowed me to pinpoint what we need to build on."

The second varsity women, set back this week not only by illness but also by the indefinite loss of its seven-seat to a muscle pull, raced valiantly to a ninth-place finish, deprived of a spot in the afternoon by the Cambridge University lightweights, who had failed to make weight and had switched into the second varsity event.

Said Belford: "I think it was a positive experience for my crews. They came out of the weekend with a great deal of confidence, having hung with the some of the best crews in the country."

Both novice women's crews placed fifth. The first boat, unable to surmount UVA in its morning heat, had to settle for winning the petit final (no small feat) over George Washington, LaSalle, and Temple. EAWRC member Columbia and George Mason did not make the final. In the second boat's event, UVA also proved too much in the morning heat.

For the varsity men, opposition came from Temple (ranked #10), Navy (#12), Georgetown (#16), Virginia (#22), St. Joseph's (#24), Ohio State, George Washington, and George Mason. The high rankings for Temple and St. Joseph's attest to the fact that these programs, which continue to race at Vails, are hardly developing programs as defined by the Dad Vails organizers: they proved their merit with first and third

place finishes, respectively, leaving Navy in second, Georgetown in fourth, and UVA in fifth. The Tribe, which due to mud and illness has had only one full practice together since it last faced George Mason two weeks ago, nevertheless closed the gap on its upstate rival to only two seconds. Although its row was hardly pretty under the circumstances, its gritty determination has encouraged it, and has set up a showdown for its next meeting with the Patriots at the Mid-Atlantic Championships in three weeks.

"It was an exciting opportunity to see where we stack up against the truly elite in our sport," explained junior Adam Ayers, club president and men's captain who rows in the bow seat of the first varsity. "Even though we did not row very well this weekend, it gives us a goal of where we have to go."

The second varsity men rowed to a sixth place finish, besting Mason by more than nine seconds. The first freshman eight placed ninth, and the second frosh placed third to Navy and Georgetown, keeping pressure on the Hoyas the entire length of the course.

The men now have a weekend off before traveling to Delaware on April 24th. The women head up to Temple University for the Murphy Cup regatta next weekend, before finishing the regular season with the men in Delaware.

## **Men**

### VH

heat 1		heat 2		heat 3	
Temple	5:53.16	Navy	5:54.46	G'town	5:47.86
GW	5:56.60	OSU	5:59.26	St Joes	5:48.21
<b>W&amp;M</b>	<b>6:09.53</b>	GMU	6:07.16	UVA	5:48.48

### final

Temple	5:40.94	UVA	5:55.58
Navy	5:41.99	OSU	5:58.28
St Joes	5:49.33	GW	6:03.68
G'town	5:50.91	GMU	6:07.70

### VL

G'town	5:50.53
St Joes	5:54.38
Navy	5:55.08

### 2VH

heat 1		heat 2		
Navy	6:01.57	Temple	6:04.43	
G'town	6:09.21	UVA	6:15.97	
St Joes	6:11.85	GMU	6:28.33	
		<b>W&amp;M</b>	<b>6:47.07</b>	

### final

Navy	5:54.63	petit	
Temple	5:59.27	St Joes	6:13.50
UVA	6:10.26	<b>W&amp;M</b>	<b>6:23.04</b>
G'town	6:13.06	GMU	6:32.16

### 2VL

G'town	6:09.88
Navy	6:23.14

### 1FH

heat 1		heat 2		heat 3	
Navy	6:07.15	G'town	6:07.06	UVA	6:13.23
St Joes	6:16.35	OSU	6:17.86	GW	6:23.10

Temple	6:26.88	GMU	6:37.01	W&M	<b>6:54.42</b>
final		petit			
G'town	5:58.30	OSU	6:12.90		
Navy	5:58.97	GW	6:18.18		
UVA	6:11.29	Temple	6:19.50		
St Joes	6:18.82	GMU	6:28.30		
<u>1FL</u>					
Navy	6:09.88				
G'town	6:23.14				
<u>2FH</u>					
Navy	6:25.14				
G'town	6:30.28				
UVA	6:30.67				
OSU	7:04.98				
<u>2FL</u>					
Navy	6:20.24				
G'town	6:42.19				
<b>W&amp;M</b>	<b>6:47.26</b>	(6 lightweights - crew had been accidentally left out of the 2FH race draw)			

## Women

<u>VH</u>					
heat 1		heat 2		heat 3	
UVA	6:31.86	GW	6:44.07	Navy	6:32.01
UNH	6:41.59	Temple	6:44.91	G'town	6:32.72
Colum.	6:44.24	Tenn.	6:54.00	<b>W&amp;M</b>	<b>6:40.63</b>
GMU	6:57.01	LaSalle	7:28.16	St Joes	6:56.28
final		petit			
UVA	6:23.90	UNH	6:44.63		
Navy	6:33.35	Colum.	6:45.98		
G'town	6:34.69	<b>W&amp;M</b>	<b>6:46.23</b>		
GW	6:45.04	Temple	6:48.08		
<u>VL</u>					
UVA	6:47.56				
St Joes	6:57.36				
Cambridge	did not make weight and raced in the 2VH event				
<u>2VH</u>					
heat 1		heat 2		heat 3	
UVA	6:27.26	GW	6:52.37	Navy	6:43.07
Cambridge	6:35.29	Colum.	7:04.19	UNH	6:49.53
G'town	7:03.28	St Joes	7:17.28	Tenn.	6:50.27
<b>W&amp;M</b>	<b>7:14.00</b>				
final		petit			
UVA	6:30.18	UNH	6:54.21		
Camb.	6:43.41	Tenn.	6:55.31		
Navy	6:50.76	Colum.	7:07.28		
GW	6:54.48	G'town	7:15.41		

1N

heat 1		heat 2		heat 3	
UVA	6:50.15	G'town	6:54.78	UNH	6:44.36
<b>W&amp;M</b>	<b>7:15.49</b>	LaSalle	7:15.78	Navy	6:49.13
Temple	7:25.04	Colum.	7:25.18	GW	7:16.58
				GMU	7:32.50

final

		petit	
UVA	6:44.30	<b>W&amp;M</b>	<b>7:14.30</b>
UNH	6:49.91	GW	7:18.91
G'town	6:54.57	LaSalle	7:29.30
Navy	6:58.76	Temple	7:38.18

2N

heat 1		heat 2	
UVA 2N 6:48.50		UVA 3N 7:11.07	
UNH	7:09.11	Navy	7:21.48
<b>W&amp;M</b>	<b>7:26.55</b>	GMU	7:54.69
		LaSalle	DNF

final

UVA 2N 7:02.60	
UVA 3N 7:19.64	
Navy	7:23.66
UNH	7:26.96

**17 April 1999**

**Murphy Cup at Temple University**

2000 meters, Schuylkill River, Philadelphia PA

Conditions: headwind, choppy water. We sent four women's crews only.

**ROWING: WOMEN PREVIEW SCHUYLKILL COURSE**

Tribe Women's Rowing traveled to Philadelphia this weekend for the Murphy Cup Regatta hosted by Temple University. The regatta gave the crews a chance to preview the race course and some of the stronger competition before the Dad Vail National Championships in the same locale next month.

The Tribe's first varsity experienced some difficulty in rough weather conditions which shook it from its rhythm. The Green and Gold finished third behind Villanova and Temple, and narrowly ahead of Drexel. George Mason and Rochester rounded out the final, well off the pace. The Villanova crew which won included all nine members of last year's Division One national champion lightweight eight.

"We went up there and did not have the row we expected to have," commented varsity women's coach Scott Belford. "We came out flat and got beaten by two good crews."

The second varsity, which due to injuries now contains three novices, rowed well to come in third in its event. Villanova's first varsity heavyweights won the event, with Loyola second. The Loyola crew contained a completely shuffled line-up from the one which the Tribe saw on the Occoquan last month, and was substantially faster than the crew Loyola entered in the first varsity event.

The first novice crew also made its way to the final, where it placed third behind Villanova and Delaware.

The men had this weekend off. The Tribe travels to Delaware next weekend for the last race of the regular season.

**Partial Results (results from heats unavailable)**

Women's V final:

Villanova Itwts	6:48.60
Temple	6:50.19
<b>William &amp; Mary</b>	<b>6:58.99</b>
Drexel	6:59.60
Mason	7:06.33
Rochester	7:11.84

Women's 2V final:

Villanova 1V	7:05.47
Loyola 1V	7:29.59
<b>William &amp; Mary</b>	<b>7:35.20</b>
Drexel	7:48.89

Women's N final:

Villanova	7:11.50
Delaware	7:16.50
<b>William &amp; Mary</b>	<b>7:19.91</b>
LaSalle	7:35.76
Bryn Mawr	7:47.57
Bucknell	7:50.16

[Our 2N also entered the Women's Novice event, but did not qualify for the final.]

**24 April 1999**

**William & Mary at University of Delaware**

1800 meters, Christina River, Wilmington DE

conditions: gusty headwind, especially in last 800. Races rowed from floating start against strong tide (except women's varsity rowed with tide).

**ROWING: TRIBE CREWS TOP NEW-LOOK DELAWARE**

William & Mary Rowing traveled to Delaware this Saturday to take on the University of Delaware Crew, one of the strongest programs in the Mid-Atlantic region during the 1990s.

This year, Delaware Crew achieved half-varsity status, moved into a new boathouse, and inaugurated a new race course on the Christina River in Wilmington. The match with William and Mary was Delaware's showcase for all three. Nevertheless, the Tribe walked off with wins in all four varsity events, despite being forced to shuffle line-ups due to injuries.

For the first time this year, both men's and women's first varsity crews raced with new seating arrangements. The men lost stalwart senior Josh Ehrenfeld for the season two weeks ago, due to ankle and upper back injuries. Junior Allen Dvarskas moved into the varsity crew to fill the void, albeit ten inches shorter and fifty pounds lighter than Ehrenfeld. Dvarskas has slotted into the seven seat, while sophomore Brock Hale has moved from seven to five, Ehrenfeld's former seat.

On the women's side, two members from each the first and second varsities sat the weekend out due to various muscle strains, although the rested women will return to full-strength in time for next weekend's Mid-Atlantic Championships. Sophomores Lucy Hansen and Erika Wahle migrated into the varsity crew for the week, replacing sophomore Sasha Begell and junior Anne Carpenter, while the remaining four healthy members of the second varsity raced against Delaware's second varsity four.

In the men's varsity eights race, William and Mary's varsity and second varsity crews pushed out to open-water leads on the Blue Hens before the 500 meter mark into the race. The 2V hung within overlap of the V until the 1000, when the strong headwind increased, favoring the heavier first crew. The Green and Gold varsity went on to win by 17 seconds over its own second varsity, with Delaware a further 15 seconds back.

"We had a strong start and took the lead early on in the race," commented junior Kate Fitzpatrick, coxswain of the men's first varsity. "Through solid rowing, we took advantage of our lead and pulled away with open water from the other crews."

Recombining into fours at Delaware's request, the varsity men's squad placed two crews ahead of Delaware's top four in a close-fought battle.

The varsity women had no trouble overcoming their counterparts from Delaware. With the Green and Gold taking a commanding early lead of several lengths before the halfway buoy, Delaware's coxswain cut the corner inside that buoy to earn a disqualification because cutting that corner saved Delaware about six seconds. Delaware finished the course anyway, clocking in fourteen seconds behind William & Mary despite the advantage of the corner.

"Delaware raced like a crew eager to show off their new facilities and home racecourse," observed junior coxswain Rika Drea. "This makes it easy to respect the pride and heart that they have and really forced us to race well in order to win."

William & Mary's second varsity women, racing in a four for the first time, faced a tough Delaware combination. The Tribe held on to win by nearly a length.

In the freshman races, Delaware took both women's events and the first men's event, all in tight races. William and Mary emerged the victor in the second freshman men's race.

The Tribe travels to Fairfax on May 2nd for the Mid-Atlantic Championships, where it will seek to

dethrone the defending champions, George Mason men and Navy women.

Men's V:

<b>William &amp; Mary V</b>	<b>6:15</b>
<b>William &amp; Mary 2V</b>	<b>6:32</b>
Delaware	6:47

Men's V 4+:

<b>William &amp; Mary A</b>	<b>7:14.2</b>
<b>William &amp; Mary B</b>	<b>7:18</b>
Delaware	7:20

Men's 1F:

Delaware	6:38
<b>William &amp; Mary</b>	<b>6:46</b>

Men's 2F 4+:

<b>William &amp; Mary</b>	<b>7:48</b>
Delaware	7:52

Women's V:

<b>William &amp; Mary</b>	<b>6:33</b>
Delaware	6:47*

\*Delaware DQed for cutting inside buoy

Women's 2V 4+:

<b>William &amp; Mary</b>	<b>8:33</b>
Delaware	8:37

Women's 1N:

Delaware	7:29.3
<b>William &amp; Mary</b>	<b>7:35.5</b>

Women's 2N:

Delaware (lwt)	7:49
<b>William &amp; Mary</b>	<b>7:52</b>

**2 May 1999**

**Mid-Atlantic Collegiate Crew Championships**

2000 meters, Occoquan Reservoir, Fairfax, VA

conditions: hot and sunny, though increasing clouds in the afternoon. Light tailwind in the morning heats, gusty and inconsistent tailwind in the afternoon finals.

**ROWING: TRIBE HAS BEST-EVER SHOWING AT MID-ATLANTIC CHAMPIONSHIPS**

**First-ever gold in an eights event, two silvers and a bronze**

William and Mary Rowing had its most successful appearance ever at the Mid-Atlantic Championships in Fairfax on Sunday. Eight of the ten crews entered raced in the finals, bringing home one gold, two silvers, and a bronze. The gold medal, by the men's second varsity crew, was the first ever won by a Tribe eight.

The second varsity men became the first Tribe eight to ever win its event at Mid-Atlantics. The crew rowed a shaky race, but managed to fend off an early challenge from SUNY Maritime's first varsity, and then withstood several mid-race attacks from George Mason to row to an open-water victory. The crew consisted of (bow to stern) Sophomore Phil DiBella, Sophomore Adrian Duehl, Sophomore Matthew Lehman, Junior Ted Lee, Sophomore Adam Horsley, Sophomore Bill Ashton, Sophomore Andrew Sterling, Junior Brian Tighe, and Junior Elizabeth Holt.

"This is what we trained all year for," explained Holt, the crew's coxswain. "The race made all the hard work from the Fall, Winter, and Spring training worthwhile. I am very proud of the crew."

"It hurt," gasped DiBella. "Our coxswain was the reason we won the race. She kept us in it whenever Mason pushed on us. She knew when to make the right calls at the right times."

The men's first varsity launched a spirited challenge to George Mason, winners the previous three years and four of the previous five. The Tribe blasted off the starting blocks to take an early lead, which grew to as much as three-quarters of a length before the 500 meter mark. Over-rating the whole way, W&M attempted to break free from Mason, which had bested it by more than two lengths the last time the crews faced head-to-head. But Mason whittled the lead down to half-a-length by 800-to-go, and when the Tribe could not break free, Mason started its sprint and W&M had nowhere to go. Mason pulled through in the final 500 meters to win by a third of length. This was the first time the Tribe has ever won a medal in the men's varsity event at Mid-Atlantics.

"I'm proud of all the guys in my boat," commented Nathan Stump, the only senior on the crew. "We've never had this good a showing at Mid-Atlantics. I expect this is the beginning of the next stage for William and Mary Crew."

Once again this year, the regatta organizers split the varsity women's field into two separate groups, one for NCAA Division One scholarship programs and one for everyone else. The Tribe's first varsity once again chose to brave the Div I event, which featured defending champion Navy. The field remained tightly packed for the first half of the race, with William and Mary and Drexel keeping the pressure on a Navy crew which is currently ranked #20 in Div I. Navy slipped out in the second half of the race, but never broke open water. Drexel nosed in front of the Tribe for silver. In taking the bronze, the Tribe captured its first ever medal in the women's varsity event at Mid-Atlantics.

"It wasn't our best race," said Junior Katie Roche, "but it was a strong race. It gives us a lot of hope for next week [at the Dad Vail Div III National Championship] that we can step it up and take it away."

The second varsity women entered the event for non-Div I scholarship programs. They raced hard in the morning heat against a slew of first varsity crews in order to qualify for the final, where they finished sixth.

The first novice women pushed Delaware to the line to take silver in their event, nearly upsetting the same crew which had beaten them by open water in Wilmington last week. The first frosh men rowed to a solid fifth-place finish.

For lack of second freshman/novice events at Mid-Atlantics, the men's and women's second frosh crews split into fours for this regatta. Half of the men's second frosh raced in a frosh four event in which almost all of the other crews entered their top freshman crew. The Tribe finished fifth, the highest-placed second-freshman crew in the event. The other half of the crew raced in the varsity lightweight four event, where it finished sixth. The women's fours had to have a last-minute line-up change due to illness. Half the crew, racing in the novice fours event, placed ninth, while the other half, in the varsity heavyweight fours event, placed eleventh - most of the crews in that latter event not only were varsity, but were also the top women's crews from their respective colleges.

The Tribe next travels to Philadelphia for the Dad Vail Division Three National Championships.

### **Crew Line-ups for the Mid-Atlantic Championships 1999**

\* = denotes previous years in Varsity Eight

# = denotes previous years in Second Varsity Eight

#### **VARSITY MEN**

Coach: Dr CE Ehrlich

	V8+	2V8+
B	AD Ayers '00 (capt) #	PD DiBella '01
2	ND Stump '99 *	AJ Duehl '01
3	RB Durham '01	MV Lehman '01
4	SD Reeves '00	TG Lee '00 #
5	BR Hale '01	AS Horsley '01
6	ADL Schefer '01	WH Ashton '01 #
7	AR Dvarskas '00	AJ Sterling '01
S	AL Burgoyne '00 #	BP Tighe '00 *
C	KA Fitzpatrick '00	ME Holt '00 *

#### **VARSITY WOMEN**

Coach: SD Belford

	V8+	2V8+
B	MN Gilliam '00	ML Guarinello '02
2	SL Begell '01	LP Coughlin '01
3	AC Carpenter '00 *	KM Andersen '00 #
4	KE Roche '00 *	KS Swartz '01
5	JE Ott '99 #	EE Wahle '01
6	SE Littlejohn '01	CM Howard '00 #
7	SMA Spink '99 (capt) *	JL Hajinlian '00 #
S	JY Atallah '00 *	LE Hansen '01
C	RK Drea '00 *	JA Wray '01

#### **FROSH MEN**

Coach: HA Kester

	1F8+	2F4+	VL4+
B	MA Morgan '02		
2	GI Spain '02		
3	BN Bonner '00		
4	MP Cairo '02		
5	EW Johnson '00	MA Wanger '02	AC Hamilton '02
6	ML Sullivan '02	JM Hughes '02	RJ Margetta '02
7	TJ Nels '02	PF Knoll, III '02	HM Abell '02
S	CM Boynton '01	BW Petersen '02	BW Robinson '02
C	AG Fraser '02	DF Rowe '00	CL Davis '00 #

[The Second Freshman split into two fours for Mid-Atlantics.]

## NOVICE WOMEN

Coach: C Paniel

	1N8+	2N4+	VH4+
B	AM Peters '01		
2	LM Hamilton '01		
3	MK Carey '02		
4	RM Herzog '02		
5	JC Krueger '02	CL Ayotte '02	KV Meko '02
6	LJ Akers '01	NH Seagle '01	MJ Tinker '99
7	ML Allen '02	SM Mocnik '02	JG Peterson '99
S	LC Bolin '02	LM Moll '02	K Dumm '02
C	AH Partin '02	VL Jones '02	EA Rosendorf '01

[The Second Novice split into two fours for Mid-Atlantics.]

### Partial results from the finals:

#### Men's V final:

<b>GOLD</b>	George Mason	5:57.9
<b>SILVER</b>	<b>William &amp; Mary</b>	<b>5:59.3</b>
<b>BRONZE</b>	Villanova	6:01.0
4.	Lafayette	6:12.9
5.	Virginia Tech	6:14.3
6.	Pittsburgh	6:21.6
7.	Stockton	6:36.7

#### Men's 2V final:

<b>GOLD</b>	<b>William &amp; Mary</b>	<b>6:14.8</b>
<b>SILVER</b>	George Mason	6:18.2
<b>BRONZE</b>	SUNY Maritime V	6:23.2
4.	Penn State V	6:25.3

#### Men's 1F final:

<b>GOLD</b>	Lafayette	6:14.8
<b>SILVER</b>	George Mason	6:17.8
<b>BRONZE</b>	Villanova	6:18.9
4.	Loyola	6:35.2
<b>5.</b>	<b>William &amp; Mary</b>	<b>6:35.5</b>
6.	LaSalle	6:43.8

#### Men's F 4+ final:

<b>GOLD</b>	SUNY Maritime 1F	7:09.9
<b>SILVER</b>	Johns Hopkins 1F	7:17.1
<b>BRONZE</b>	Robert Morris 1F	7:20.2
4.	Delaware 1F	7:25.2
<b>5.</b>	<b>William &amp; Mary 2F</b>	<b>7:54.2</b>
6.	Franklin & Marshall 1F	7:57.2

#### Men's VL 4+ final:

<b>GOLD</b>	Pittsburgh	6:51.5
<b>SILVER</b>	SUNY Maritime	6:55.0
<b>BRONZE</b>	Delaware	7:06.4
4.	Penn State	7:11.2
5.	Susquehanna	7:46.1
<b>6.</b>	<b>William &amp; Mary 2F</b>	<b>7:46.6</b>

Women's V - Div I final:

GOLD	Navy	6:35.1
SILVER	Drexel	6:38.6
<b>BRONZE</b>	<b>William &amp; Mary</b>	<b>6:39.7</b>
4.	George Mason	6:45.7
5.	Navy 1N	6:55.1

Women's V - Div II/III final:

GOLD	Washington College	6:54.9
SILVER	Johns Hopkins	7:00.3
BRONZE	Washington College 2V	7:02.7
4.	Bucknell	7:04.8
5.	Loyola	7:16.5
<b>6.</b>	<b>William &amp; Mary 2V</b>	<b>7:26.3</b>

Women's 1N final:

GOLD	Delaware	6:49.9
<b>SILVER William &amp; Mary</b>	<b>6:50.9</b>	
BRONZE	Virginia Tech	7:09.3
4.	George Mason	7:14.8
5.	Johns Hopkins	7:22.8
6.	Franklin & Marshall	7:42.1

Women's N 4+ petit:

7.	Pittsburgh 2N	8:23.2
8.	Penn State 2N	8:25.2
<b>9.</b>	<b>William &amp; Mary 2N</b>	<b>8:35.7</b>
10.	Saint John's 2N	8:45.3
11.	Susquehanna 1N	8:54.3
12.	Davidson 1N	9:26.0

Women's VH 4+ petit:

7.	American 1V	8:20.5
8.	Franklin & Marshall 1V	8:24.2
9.	Catholic 1V	8:39.4
10.	Towson State 1V	8:42.7
<b>11.</b>	<b>William &amp; Mary 2N</b>	<b>8:51.8</b>

**7-8 May 1999 Dad Vail National Championship Regatta**  
2000 meters, Schuylkill River, Philadelphia PA

**ROWING: TWO FINALISTS, FIVE SEMI-FINALISTS AT DAD VAIL NATIONAL CHAMPIONSHIPS**

William and Mary Rowing came away from the 1999 Dad Vail Division III National Championships with results which confirm that the program has developed into a serious contender on the national rowing scene. Five crews raced in semi-finals on Saturday, with two advancing to the finals. The First Novice Women came in third to win the Tribe's first-ever medal in an eight in national competition.

The Varsity Women came into the regatta as the W&M crew most favored to make the finals, and did not disappoint. On route to their berth in the finals, the Tribe eliminated Drexel in another epic battle, roaring across the line three seats ahead of the Dragons, who had nipped the Tribe last weekend at the Mid-Atlantic Championships and in a preliminary heat at Vails. The bizarre progression system employed by Vails put the Tribe in the dead water of the dreaded Lane Six in the finals, leaving W&M in sixth place overall. The result was still the Tribe's best-ever finish in the first varsity event.

The Second Varsity Women finished eighth overall. A rocky start in the semi-finals left them behind the pack early, but through tremendous effort they moved back into contention. The presence of a crew from Vermont - which put an entry in the JV event without a crew in the Varsity event - cost them a place in the finals. Overall, the crew placed eighth.

A bronze medal finish for the First Novice Women culminated a particularly exciting season for that crew. In its final, the crew raced bowball-to-bowball down the course with Delaware, who had edged it last weekend at Mid-Atlantics. This time, the Tribe got its nose in front at the line, leaving Delaware in fourth place. The University of Toronto won the event, followed by Villanova, with the Tribe less than a length back of the Wildcats.

The regatta seeder snubbed the Varsity Men when doing the pre-regatta rankings. Undeterred, the men proved their worth on the water with their first-ever top-ten finish. In Friday's racing, the Tribe cruised past three seeded crews with little difficulty: the University of Massachusetts, Army, and Central Florida all succumbed to the Green and Gold in under twenty-five strokes. Crews from St. Joseph's, Marist, and Marietta proved too tough in the semi-finals, however, ending the Tribe's most successful season yet.

The second varsity men got the heat of death in an unlucky semi-final draw, which also put them into the same dreaded Lane Six which would later stymie the varsity women. In the dead water, W&M could not slip past Marist or Army to squeeze into the final. Temple won that semi-final, as well as the afternoon final. The Tribe finished ninth overall.

Five other crews entered for the Tribe, which despite racing hard on Friday failed to qualify for Saturday's final rounds. This was the largest contingent William and Mary has taken to Vails, and certainly the most competitive.

Most William and Mary crews have now concluded the Tribe's most successful season to date. The First Varsity Women will attend the Intercollegiate Rowing Association Regatta in Camden, New Jersey, on the last weekend in May.

**Final varsity rankings, US Div III, 1999 (top ten):**

	<u>Men</u>	<u>Women</u>
1.	Temple	Villanova
2.	St Joseph's	Purdue
3.	Michigan	Temple
4.	Marist	Jacksonville
5.	Coast Guard	St Joseph's
6.	Drexel	<b>William &amp; Mary</b>
7.	Purdue	Central Florida
8.	Marietta	George Mason
9.	George Mason	Drexel
10.	<b>William &amp; Mary</b>	Marietta