

## Northeast Sculling and Rowing Center

CRESCENT LAKE RAYMOND, MAINE



A High Quality, One Week Instructional Program - August 17-23, 1996 - Male/Female, School/Collegiate/Master  
Four Programs: Sculling • Rowing • Coxing • Coaching Education

### Master Coaches

Chris Allsop..... South Kent School	Larry Gluckman..... Concept II	Liz O'Leary..... Radcliff College
Tom Tiffany..... Coxswain's Coach	Scott Roof..... Brown University	Sarah Dewey..... Boston University
Joe Murteugh..... Princeton University	Chris Wilson..... Cornell University	Barb Kirch..... Dartmouth College
	Dave Vogel..... Yale University	

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### The Occoquan Sprints

March 31, 1996  
Sandy Run Regional Park, Fairfax, Va.

Conditions: Sunny... heavy tailwind throughout the day.  
(All events were run off the paddle except the women's and men's varsity 8 heats and finals)

<b>Women's Novice 8 - "B" Final</b>	<b>Women's Novice 8 - "A" Final</b>
1. UNC 7:26.55	1. UNC 6:20.20
2. Delaware 7:55.79	2. William and Mary 6:37.10
3. William and Mary 8:09.23	3. Delaware 6:42.18
4. George Mason 8:26.55	4. George Mason 6:57.17
	5. Loyola 7:30.14
	6. UMBC 7:58.19

<b>Women's Novice 4+ - Final</b>	<b>Men's Varsity 4+ - Final</b>
1. UNC 7:50.3	1. Johns Hopkins(Lwt.) 6:19.17
2. UMBC 8:08.65	2. UNC 6:41.65
3. Johns Hopkins 8:31.43	3. Lafayette(Lwt.) 6:46.93
4. ODU 8:47.88	4. ODU 6:54.96
5. Delaware 8:58.00	5. UMBC 6:55.70
6. St. Mary's 9:57.05	6. Mary Washington 7:08.75

<b>Women's Novice 4+ - Final</b>	<b>Men's Varsity 4+ - Final</b>
1. Loyola 8:35.75	1. UNC 6:37.92
2. UMBC 8:58.33	2. UMBC 6:49.80
3. Va. Tech 10:57.79	3. Richmond 6:54.84
	4. William and Mary 6:58.01
	5. Lafayette 7:16.43
	6. Towson St. 7:35.30

<b>Men's Novice 4+ - Final</b>	<b>Men's Novice 8 - "A" Final</b>
1. Loyola 8:49.40	1. George Mason 5:24.04
2. UMBC 8:03.62	2. Villanova 5:27.20
3. Loyola 8:09.34	3. LaSalle 5:36.08
4. WVU 8:42.83	4. UNC 5:41.89
5. ODU 7:08.48	5. Johns Hopkins 5:48.67
6. UMBC 7:17.34	6. William and Mary 5:56.78

<b>Women's JV 8 - Final</b>	<b>Men's 2 - Final</b>
1. George Mason 6:20.43	1. Loyola 7:37.38
2. Delaware 6:31.04	2. Creighton 7:48.24
3. Lafayette 6:58.62	3. (t)(Johns Hopkins 7:52.06
4. Va. Tech 7:06.23	4. American 7:55.66

<b>Men's JV 8 - Final</b>	<b>2000 M (STANDING START)</b>
1. Villanova(Lwt.) 5:30.59	
2. Delaware(Lwt.) 5:36.88	
3. George Mason 6:00.70	
4. Lafayette 6:10.42	
5. Va. Tech 6:23.91	

<b>Women's Novice 8 - "A" Heat</b>	<b>Women's Varsity 8 - Heat</b>
1. William and Mary 6:32.11	1. George Mason 6:27.50
2. Delaware 6:29.26	2. UNC(Hwt.) 6:28.03
3. UMBC 7:20.74	3. Va. Tech 6:55.70
4. Va. Tech 7:25.93	4. Richmond 7:09.31
5. WVU 7:39.09	5. Towson St. 7:43.96

<b>Women's Novice 8 - "A" Heat</b>	<b>Women's Varsity 8 - Heat</b>
1. UNC 5:49.11	1. Delaware 6:23.99
2. George Mason 6:01.63	2. UNC(Lwt.) 6:42.00
3. Loyola 6:37.39	3. Lafayette 6:46.34
4. American 6:52.11	4. Loyola 6:56.09
5. Towson St. 7:59.96	5. American 7:13.41
	6. Mary Washington 7:28.43

<b>Men's Novice 8 - "A" Heat</b>	<b>Men's Varsity 8 - Heat</b>
1. Villanova "A" 5:01.27	1. Villanova 6:02.63
2. UNC 5:07.63	2. Delaware 6:15.31
3. Johns Hopkins 5:25.17	3. Va. Tech 6:30.24
4. American 5:53.07	
5. WVU 6:12.20	

<b>Men's Novice 8 - "A" Heat</b>	<b>Men's Varsity 8 - Heat</b>
1. George Mason 5:53.0	1. George Mason 6:11.22
2. LaSalle 6:11.92	2. Lafayette 6:20.78
3. William and Mary 6:26.77	3. UNC 6:23.70
4. UMBC 7:10.31	4. ODU 6:30.82

<b>Women's Varsity 4+ - Final</b>	<b>Women's Varsity 8 - Final</b>
1. George Mason(Lwt.) 6:33.36	1. Delaware 6:31.86
2. William and Mary(Lwt.) 6:50.29	2. UNC(Hwt.) 6:37.05
3. American(Lwt.) 6:40.47	3. GMU 6:38.22
4. Loyola(Lwt.) 7:03.28	4. UNC(Lwt.) 6:42.86
5. St. Mary's 7:04.82	5. Lafayette 7:02.11
6. UMBC 7:07.77	6. Va. Tech 7:05.18

<b>Women's Varsity 4+ - Final</b>	<b>Men's Varsity 8 - Final</b>
1. William and Mary 5:39.22	1. Villanova 5:58.11
2. UNC 6:42.36	2. George Mason 5:59.31
3. Loyola 6:45.00	3. Delaware 6:04.45
4. George Mason 6:52.81	4. UNC 6:19.33
5. Johns Hopkins 7:03.12	5. Lafayette 6:30.30
6. Lafayette 7:06.57	



1995/96 Bay Series overall points winners (l to r), Sherri Kiklas, Jolene Esparza, Kieran Vance, and Bill Baker. Photo: Brian Caplen

### UC Davis vs. Sacramento State (CSUS) vs. Long Beach State (CSULB)

March 24, 1996  
Port of Sacramento, Sacramento, CA  
2000 meters

**EARC Lightweight Coaches' Poll for week of April 6**  
Harvard, MIT, Navy, Yale did not vote.

<b>Var.</b>		
1.	Princeton	
2.	Yale	
3.	Harvard	
4.	Columbia	
5.	Cornell	
6.	Dartmouth	
7.	Navy	
8.	Penn	
9.	Georgetown	
10.	Rutgers	
11.	MIT	
<b>2nd Var.</b>		
1.	Princeton	
2.	Yale	
3.	Cornell	
4.	Harvard	
5.	Navy	
6.	Columbia	
7.	Dartmouth	
8.	Penn	
9.	Georgetown	
10.	Rutgers	
11.	MIT	
<b>1st Fr.</b>		
1.	Princeton	
2.	Yale	
3.	Penn	
4.	Cornell	
5.	Dartmouth	
6.	Harvard	
7.	Navy	
8.	Georgetown	
9.	Rutgers	
10.	Columbia	
11.	MIT	

<b>Men Var. 8</b>		
1.	UCD	6:17.27
2.	CSUS	6:19
<b>Women Nov. 8</b>		
1.	UCD	7:35.76
2.	CSUS	7:48.46
3.	CSULB	8:15.62
<b>Women Var. 8</b>		
1.	CSUS	6:59.32
2.	UCD	7:01.95
3.	UCD(B)	7:35.37
<b>Women Nov. 8</b>		
1.	UCD	8:13.17
2.	CSUS	8:27.97
3.	UCD	8:58.70
<b>Men Nov. 8</b>		
1.	UCD	6:35.22
2.	CSULB	6:41.01
3.	CSUS	6:50.19
4.	UCD(B)	N/A
<b>Women Var. Lwt. 4</b>		
1.	CSUS	8:14.85
2.	UCD	8:15.85
<b>Women Var. 4</b>		
1.	CSUS	7:58.04
2.	CSULB	8:06.32
3.	UCD	8:10.37
<b>Men Nov. 4</b>		
1.	CSUS	7:38.52
2.	UCD	7:56.66

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### Bay Series Race #5

February 17, 1996  
Long Beach, Cal.  
5000 Meters

Place	Name / Affil.	Class / Boat	Time
1.	K. Vance / LBRA	M Open / 1x	20:34.4*
2.	S. Guentz / LBRA	M Open / 1x	21:42
3.	B. Bate / LBRA	M Master / 1x	21:27
4.	K. Jacobs / LBRA	M Master / 1x	22:02
5.	S. Baldwin / LBRA	W Open / 1x	22:25.2
6.	B. Caplen / LBRA	M Master / 1x	22:33.1
7.	L. Miller / LBRA	W Open / 1x	23:16
8.	McMillan, etc. / LBRA	M Master / 4+	23:20.1
9.	J. Kirk / LBRA	M Master / 1x	23:41.1
10.	S. Kiklas / LBRA	W Open / 1x	23:42.1
11.	Udove & co. / LBRA	W Master / 8	24:48.2
12.	R. Perrot / LBRA	M Master / 1x	24:58.2
13.	I. Simpson / LBRA	M Master / 1x	25:12.4
14.	E. Drucker / LBRA	W Master / 1x	25:20
15.	K. Spence / LBRA	W Open / 1x	32:29.2
16.	AC DuPont / LBRA	M Master / 1x	DNF

\*Course Record

### Bay Series Head Race #6

March 2, 1996  
Long Beach, Cal.  
5000 Meters

1.	S. Charette / Unaff.	M Open / 1x	20:57
2.	K. Vance / LBRA	M Open / 1x	21:02
3.	B. Bate / LBRA	M Master / 1x	21:13
4.	Miller, Esparza / NAC	W Open / 2x	21:46
5.	K. Jacobs / LBRA	M Master / 1x	22:12
6.	B. Caplen / LBRA	M Master / 1x	22:40
7.	McMillan, etc. / LBRA	M Master / 4+	22:45
8.	J. Kirk / LBRA	M Master / 1x	23:46
9.	S. Kiklas / LBRA	W Open / 1x	23:46
10.	Thayer, Casanave / LBRA	M Master / 2x	23:02
11.	D. Bogart / LBRA	M Master / 1x	23:48
12.	Udove & co. / LBRA	W Master / 8	24:35
13.	R. Perrot / LBRA	M Master / 1x	25:04
14.	E. Drucker / LBRA	W Master / 1x	25:08
15.	C. Spence / LBRA	W Open / 1x	30:06

### Bay Series 95/96 Final Series Standings

Open Men		
Place	Name / Affil.	Points
1.	K. Vance / LBRA	139
2.	S. Guentz / LBRA	110
3.	P. Cashman / LBRA	71
4.	S. Charette / LBRA	51
5.	P. Vascon / LBRA	36
6.	T. Green / NAC	23
7.	K. Finne / LBRA	21
8.	B. Sobchak / LBRA	20
9.	A. Gray / NAC	18
9.	D. Bonnin / NAC	18
9.	C. Schuster / LBRA	18
9.	B. Klein / LBRA	18
Master Men		
1.	B. Bate / LBRA	114
2.	K. Jacobs / LBRA	99
3.	B. Caplen / LBRA	95
4.	J. Kirk / LBRA	94
5.	J. Shields / LBRA	89
6.	D. McMillan / LBRA	75
6.	C. Hochschild / LBRA	75
8.	F. Thayer / LBRA	66
9.	T. McCuigan / LBRA	59
10.	D. Bogart / LBRA	56
11.	I. Simpson / LBRA	52
12.	G. Casanave / LBRA	48
13.	T. Anderson / LBRA	41
14.	R. Perrot / LBRA	40
15.	A. Montenegro / LBRA	37
16.	B. Meyer / LBRA	32
17.	S. Hinesley / CYC	23
18.	E. Koss / LBRA	18
19.	E. Simmons / LBRA	14
Open Women		
1.	S. Kiklas / LBRA	120
2.	S. Baldwin / LBRA	97
3.	K. Bishop / LBRA	73
4.	L. Miller / NAC	64
5.	K. Spence / LBRA	63
6.	J. Christopherson / LBRA	20
7.	L. Hubbard / Unaff.	18
Master Women		
1.	J. Esparza / NAC	106
2.	J. Udove / LBRA	84
3.	J. Baldwin / LBRA	82
4.	E. Drucker / LBRA	72
5.	R. Castro / LBRA	48
5.	C. Egan / LBRA	48
5.	D. Amos / LBRA	48
5.	S. Ramona / LBRA	48
5.	T. La Barba / LBRA	48
10.	C. Martin / LBRA	32
10.	S. Caplen / LBRA	32
12.	D. Anderson / LBRA	19
13.	B. Gorke / LBRA	18
13.	V. Gilb / NAC	18
13.	M. Eschbach / NAC	18
13.	M. Kamae / NAC	18
13.	D. Wilmer / NAC	18